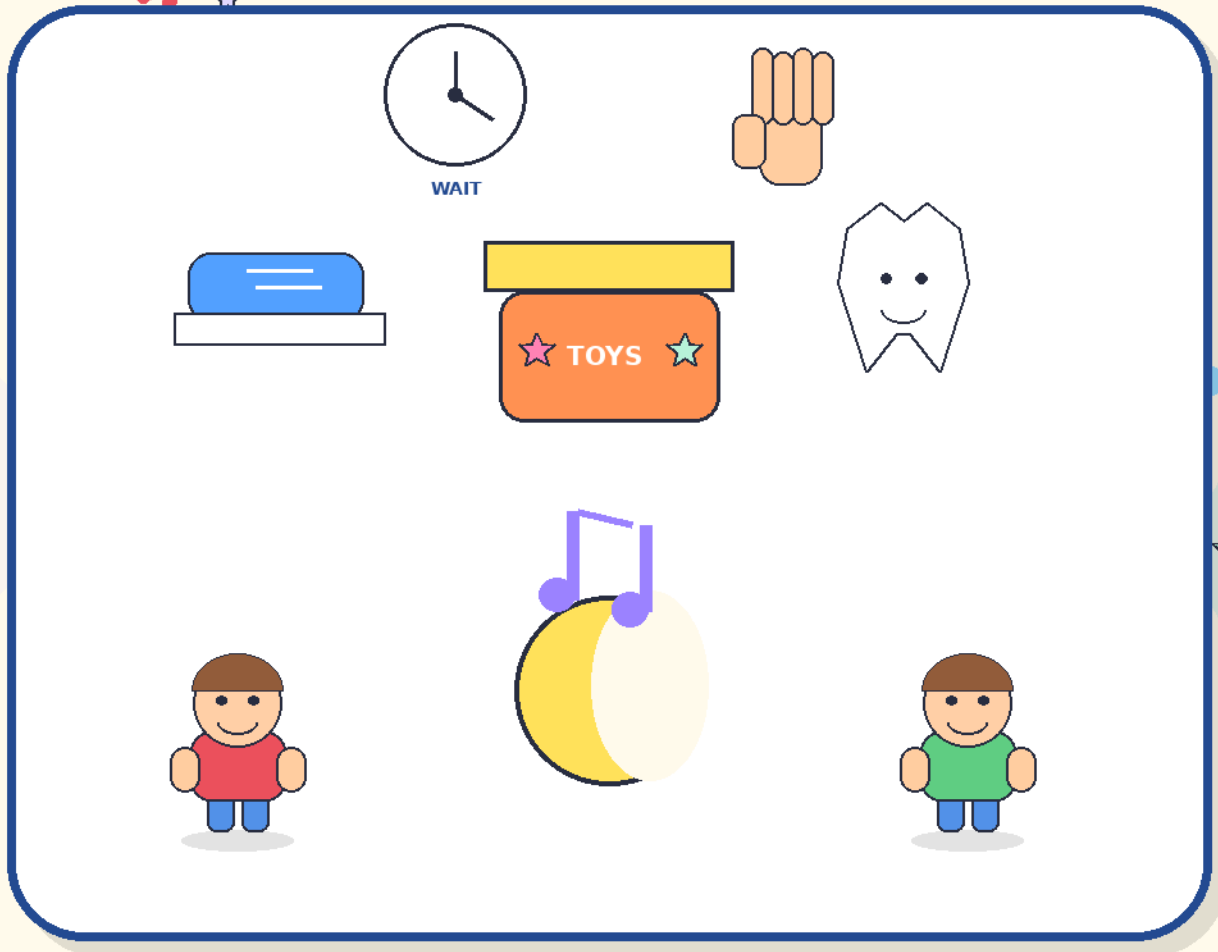


Toddler Listening Routine Cards

Simple words, song cues and visual cards for everyday routines



Get close. Use one instruction. Add a song.

How to Use These Cards

Use one card, one routine, one week



1

Choose one routine

Start with shoes, clean-up, brushing, bedtime, stop or wait.

2

Show the card

Point to the picture and say the short phrase calmly.

3

Sing the cue

Use the same little song each time so the routine feels familiar.

4

Praise the effort

Notice one small moment of listening, trying or helping.

Parent note: These cards support routines. They are not medical, behavioural, hearing or developmental advice.

Shoes On Routine Card

Use before leaving the house



Shoes on, please.

One step at a time.

Song cue

Shoes on, shoes on, ready to go,
Step by step, nice and slow.

Tip: Hold the shoes where your toddler can see them. Give one short instruction.

Clean-Up Routine Card

Use when play time is ending



Toys in the box.

Start with one toy.

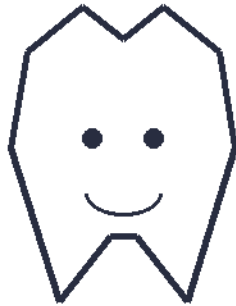
Song cue

Toys in the box, one, two, three,
Tidy up with me.

Tip: Make the first step small. Say, one block in the box.

Toothbrushing Routine Card

Use morning and bedtime



Brush teeth.

Adult helps finish.

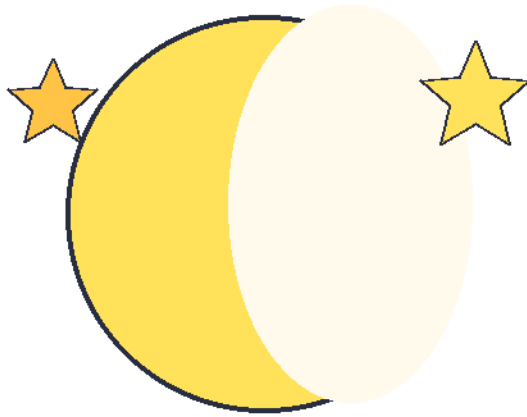
Song cue

Brush, brush, brush your teeth,
Then it is story time.

Tip: Keep it calm and supervised. Speak with a dentist if you have toothbrushing concerns.

Bedtime Routine Card

Use the same order each night



Pyjamas, teeth, story, sleep.

Same steps. Same order.

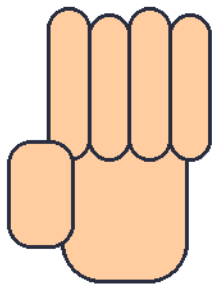
Song cue

Pyjamas on and teeth all clean,
Story time and sleepy dreams.

Tip: A predictable order can help bedtime feel less sudden.

Stop and Wait Card

Use for safety and pausing



WAIT

WAIT

Wait with me.

Song cue

Wait, wait, count to three,
Hold my hand and stay with me.

Safety tip: Toddlers still need close adult supervision near roads, doors, cars and busy places.

Transition Song Card

Use before leaving or changing activity



WAIT

Two more minutes, then we go.

Two more minutes, then we go,
Time to finish, nice and slow.
One more minute, nearly done,
Then we move to the next fun.

Tip: Use the same transition song for one week. Repetition helps the cue feel familiar.

Praise What Went Well

Notice small moments of cooperation



You came when I called.



You put one toy away.



You held my hand.



You stopped your feet.



You tried again.



You listened when I said wait.



You helped with shoes.



You brushed with me.

Try saying: I saw you listening. That helped us get ready.

Keep praise warm and specific. Praise effort, not perfection.

Calm Boundary Phrases

Short words for hard moments



I will help keep you safe.

Safety first



It is time to leave now.

Clear boundary



You can walk, or I can help.

Simple choice



I hear you want more play.

Name the feeling



Shoes on. I can help.

Routine help



Hold hands near the road.

Safety cue

Parent reminder: Calm does not mean no boundary. It means the adult keeps the routine steady and safe.

When to Seek Support

Ask for help if you are worried



Listening struggles can sometimes be linked to hearing, speech, language, development, attention, sensory needs, tiredness, stress or safety concerns. Trust your concern and ask for advice.

☐ Does not respond to name

☐ Seems not to hear

☐ Speech or language concerns

☐ Frequent ear problems

☐ Loses skills

☐ Extreme distress

☐ Runs into unsafe places

☐ Behaviour feels unmanageable

Speak with your health visitor, GP, nursery team, paediatrician, audiologist, occupational therapist, or speech and language therapist.

Listening Routine Star

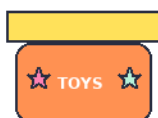
For trying, helping and listening



Listening Routine Star

Awarded to

for trying a routine,
joining in and helping.



Date: