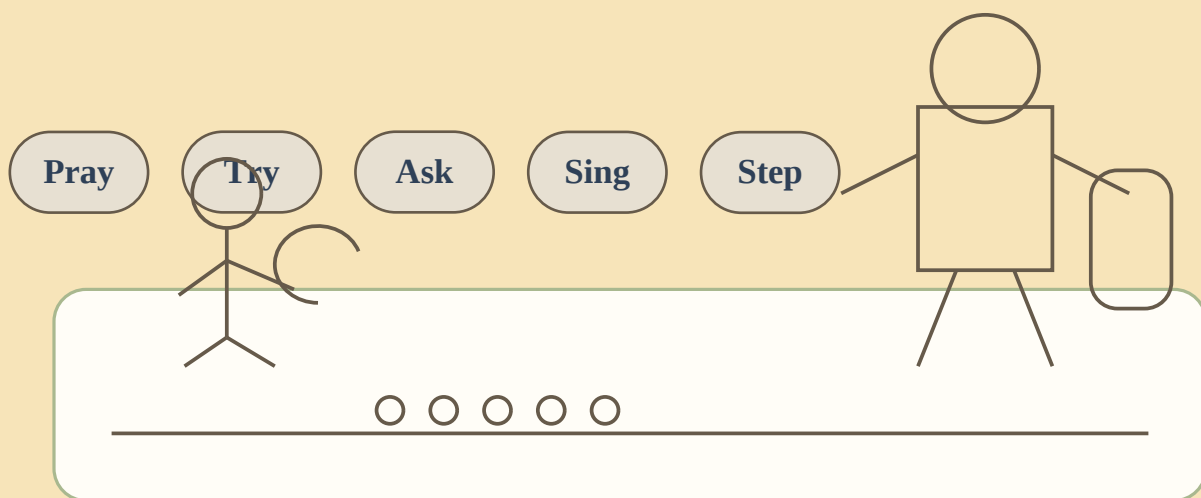


David and Goliath

Courage Stones

Activity Pack

A Bible story printable for helping kids name their worries, remember their strengths, sing a courage chant, and take one brave step.



Created for Kids Songs Learning Hub



Parent & Teacher Guide

How to use this printable with children

Purpose: This pack helps children connect the David and Goliath Bible story with everyday bravery. Children can name a worry, identify their strengths, practise a courage chant, and choose one small brave step.

Use it in 15-20 minutes:

- 1 Read or retell David and Goliath in a child-friendly way.
- 2 Ask: What feels big or scary to you right now?
- 3 Complete the Name Your Giant page.
- 4 Fill in the five courage stones.
- 5 Clap, tap, or stomp the courage chant.
- 6 Choose one brave step for the week.

Gentle note: If a child has ongoing anxiety, bullying concerns, or emotional distress, speak with a teacher, pediatrician, counsellor, or qualified child development professional for additional support.



Name Your Giant

Draw or write what feels big or scary right now

David faced a real giant. Your giant might be a worry, a challenge, a new place, a hard task, or something you are learning to face with courage.





My Five Courage Stones

Write or draw five things that help you be brave

David used five smooth stones. Your courage stones can be the things that help you face a challenge: prayer, practice, asking for help, singing your courage song, or taking one step.

Stone 1

Stone 2

Stone 3

Stone 4

Stone 5

Parent prompt: Ask your child, "Which stone will you use first when you feel nervous?"



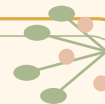
I Can Be Brave Chant

Clap, tap, stomp, and say it together

My giant's big, but I am strong!
I'll use my skills all day long!
I take a step, I'll do what's right!
My courage shines with all its might!

Movement actions

- ☐ My giant's big - stretch arms high
- ☐ I am strong - hands on heart
- ☐ I'll use my skills - pretend to hold five stones
- ☐ I take a step - take one step forward
- ☐ Courage shines - open hands like light



Brave Step of the Week

Choose one small brave step each day

Bravery grows with practice. Write or draw one small step for each day. Celebrate trying, not just the result.

Monday

Tuesday

Wednesday

Thursday

Friday

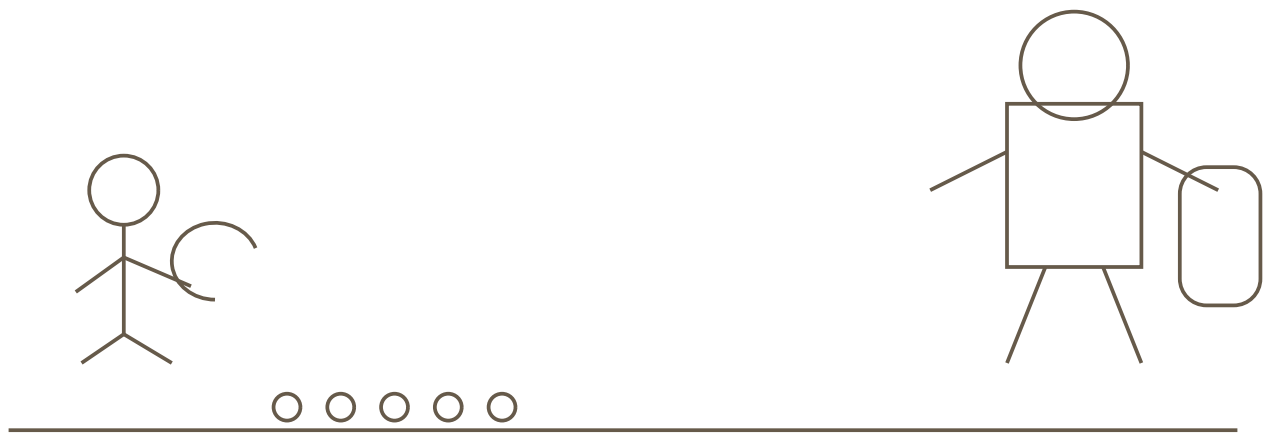
Saturday

Sunday



David and Goliath Colouring Page

Colour the picture, then circle your favourite courage word



Faith

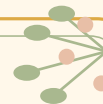
Courage

Help

Practice

Kindness

Truth



Courage Prayer & Reflection

A gentle family conversation page

Family reminder: Brave does not mean I feel no fear. Brave means I can do the right thing with help.



Courage Certificate

Presented to

for learning from David and Goliath, naming a giant, practising the courage chant,
and choosing one brave step.

Pray

Try

Ask

Sing

Step

I can be brave one step at a time!



Printable Use Notes

For home, classroom, Sunday school, and children's ministry

Suggested use: Print the pages you need. Children can complete the worksheets with crayons, pencils, stickers, or simple drawings. Use the chant before a school presentation, new activity, appointment, or moment when your child needs encouragement.

Thank you for using Kids Songs Learning Hub resources.

Use this pack alongside the article: [How to Be Brave: David and Goliath Lesson for Kids with a Courage Song](#).