

# Silly Songs

## Preschool Learning Pack

Language • Movement • Confidence



# ★ Silly Song Spinner ★

— Learning Through Laughter! —



**Jump Like a  
Monkey**



**Spin Like a  
Bus Wheel**



**Wiggle Like  
Jelly**



**Crawl Like a  
Spider**



**Clap the  
Rhythm**



**March Like Ants**



**Stretch to the Sky**



**Freeze Like a Statue**



# Silly Songs for Learning



## Why Silly Songs Work

- Make learning fun and engaging
- Improve memory and language skills
- Boost mood and confidence



## How Often to Sing

- Sing daily if possible
- Short, frequent sessions
- Keep it light and playful



## Best Times of Day

- Morning energy boosts
- Car rides or cleanup time
- Bedtime wind-down



## Tips for Shy Children

- Start with familiar songs
- Join in and sing together
- Encourage and praise



## Screen-Free Music Ideas

- Sing-alongs with family
- Rhythm instruments
- Dance and movement games



# Preschool

## Learning Through

# Music Checklist



Sings along



Uses new words



Follows actions



Remembers lyrics



Shows confidence



Enjoys group singing



Moves to rhythm

