

# Potty Training Won't Stick?

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## Here's What I Did Differently (And My Toddler Finally Got It)

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A gentle, parent-tested guide by Janerine Watson







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From Kids Songs Learning Hub

# Is My Child Ready for Potty Training??

Check all that apply:

- Stays dry for 2+ hours
- Can tell me when they are wet or need to go 
- Shows interest in the bathroom 
- Can follow simple instructions (sit, stand, wash hands) 
- Seems uncomfortable in diapers 



Parent Notes:

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★ Tip: Look for patterns over one week before starting.

# Let Your Child Choose Their Potty Training Style

## The Routine Method



Best for children who like structure and predictability.

Same times each day.  
Calm. No pressure.

## The Independent Method



Best for children who want control and independence.

Child chooses when to try.  
Parent supports.

## The Social & Fun Method



Best for children who love play, songs, and copying others.

Use games, music, and encouragement.

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Circle the method that feels right for your child.

# The 5-Step Potty Training Plan

That Finally Works



## 1. Observe Without Pressure (1–2 weeks)

Watch for readiness signs. No training yet.



## 2. Introduce Without Expectations

Show the potty. Let them explore. No forcing.



## 3. Choose Your Method Together

Routine, Independent, or Social & Fun.



## 4. Stay Consistent & Celebrate Progress

Small wins count. Keep it calm and positive.



## 5. Expect Setbacks & Stay Patient

Regression is normal. Go back to basics if needed.

Progress over perfection. Your child is learning.

# The Calm Accident Response

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1. Stay calm
2. Clean up without drama
3. Say: "Pee goes in the potty. We'll try again next time."
4. Move on

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## Potty Progress Tracker

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Date	Tried	Success	Accident	Notes

Remember: Accidents are information, not failure.



# Celebrate Progress!



Circle a simple reward:

- High five
- Special song
- Extra story
- Sticker
- Dance party

Rewards don't have to be big.  
Connection works best.

